Powerlifting - Interclub 2 VGPF - Merchtem 18/05/2019

POWER CLASSIC										
Club Pts	**Naam**	**M/F**	**Cat.**	**LG.**	**GK**	**SQUAT**	**BENCH**	**DL**	**TOT.**	**IPF Pts**
KO Gent 1	Vervalle Olivier	M	Junior	91.4	-93	232.5	160	265	657.5	620.74
1807.22	Vandewiele Marc	M	M1	103.6	-105	250	125	305	680	596.24
	Vermeire Jasper	M	Junior	91	-93	220	147.5	260	627.5	590.24
HNS Lebbeke 2	Peeters Alan	M	Open	117.3	-120	280	205	310	795	662.03
1680.43	De Saedeleer Reinout	M	Open	92.1	-93	205	125	235	565	518.87
	Van den Abbeele Tim	M	Open	68.5	-74	155	110	190	455	499.53
Powermove 1	Henno Yannick	M	Open	104.6	-105	265	200	265	730	642.59
1671.02	Rubinstein Andrew	M	Open	88.5	-93	207.5	160	260	627.5	601.17
	Wouters Staf	M	Open	86.6	-93	157.5	115	190	462.5	427.26
Phys. Merchtem 3	De Vadder Gunnar	M	Open	150.9	120+	285	215	300	800	582.81
1601.54	Verbinnen Yannick	M	Open	97.6	-105	220	130	232.5	582.5	517.73
	Leemans Jeroen	M	Open	82.1	-83	170	122.5	220	512.5	501.00
Do-It Turnhout 1	Gijsen Marijn	M	Open	82.5	-83	182.5	142.5	242.5	567.5	561.95
1595.38	Hayen Cedrick	M	Junior	65.9	-66	165.5	110	205	480.5	549.02
	Proost Jorrit	M	Open	88.3	-93	190	120	210	520	484.41
Phys. Merchtem 1	Van den Brande Niko	M	Open	116.2	-120	257.5	162.5	270	690	566.48
1580.21	De Grauwe Rik	M	Junior	73.3	-74	175	130	200	505	535.10
	Ronge Bertrand	M	Open	61.2	-66	135	100	170	405	478.63
Powermove 4	Hermans Thomas	M	Junior	101.4	-105	242.5	147.5	280	670	593.98
1532.84	De Schutter Vincent	M	Open	81.2	-83	155	135	212.5	502.5	493.44
	Nemeth Balazs	M	Open	81.7	-83	175	112.5	175	462.5	445.42
HNS Lebbeke 1	Kerremans Jonathan	M	junior	89.5	-93	180	140	200	520	479.97
1410.00	Vandevoort Dimitri	M	Open	81.4	-83	180	110	195	485	472.46
	François Kevin	M	Open	112.4	-120	210	125	230	565	457.57
ST Deinze 1	Messiant Aaron	M	Open	73.2	-74	152.5	107.5	215	475	498.79
1399.84	Laethem Rob	M	Open	98	-105	190	127.5	220	537.5	469.94
	Corryn Michiel	M	Open	95.4	-105	172.5	110	210	492.5	431.11
HNS Lebbeke 3	Vanhee Emmerik	M	Open	80.5	-83	165	145	200	510	505.19
1394.03	Ivanoushkin Robert	M	Subjun	80.1	-83	157.5	110	190	457.5	446.08
	De Saedeleer Joris	M	M1	109.6	-120	177.5	140	225	542.5	442.76
Powermove 2	Vandoren Dieter	M	Junior	86.4	-93	140	130	220	490	458.44
1308.57	Vertessen Wouter	M	Junior	81.2	-83	160	95	195	450	433.02
	Joncheere Dries	M	Open	75	-83	135	110	170	415	417.11
Garage Gym 1	Obbers Elisa	F	Junior	69.8	-72	107.5	45	120	272.5	448.48
1276.08	Blockmans Nick	M	Subjun	56.9	-59	110	92.5	140	342.5	418.76
	Cautaerts Olivier	M	Open	72.7	-74	110	90	200	400	408.84
ST Deinze 2	Gouwy Thomas	M	Open	91	-93	185	105	230	520	474.61
1266.55	Debyser Ward	M	Subjun	100.8	-105	145	135	240	520	443.73
	Kuru Nour	M	Subjun	92	-93	175	0	230	405	348.21
Do-It Turnhout 2	David Zoë	F	Open	82.5	-84	110	60	125	295	455.43
1252.60	Cheaitli Hatem	M	Junior	82.7	-83	125	145	200	470	450.05
	Van den Eynden Luc	M	M3	73.5	-74	120	90	142.5	352.5	347.12
KO Gent 2	Baeyens Michiel	M	Junior	81.9	-83	165	102.5	210	477.5	461.80
1235.86	Janssen Alexander	M	Open	66	-66	107.5	90	165	362.5	392.83
	Van Delm Tom	M	Junior	73.4	-74	150	80	150	380	381.23
Phys. Merchtem 2	Van de Velde Annelies	F	Subjun	57	-57	85	57.5	110	252.5	451.79
1184.07	Roalkvam Per Gunnar (NOR)	M	M1	104.5	-105	152.5	132.5	172.5	457.5	371.34
	Louage Peter	M	M4	90.3	-93	140	105	167.5	412.5	360.94
Powermove 3	Miermans Bram	M	Open	80.7	-83	140	95	182.5	417.5	397.45
1138.16	Van Den Berghe Kevin	M	Open	101.6	-105	165	100	185	450	370.65
	Aerts Lieven	M	Open	82.8	-83	132.5	97.5	170	400	370.06

Stamina Opwijk 1	Van Mulders Christiaan	M	M2	88.4	-93	167.5	135	210	512.5	475.83
926.30	Van Buggenhout Lien	F	Open	74	-84	100	60	120	280	450.47
										0.00
Powermove 5	Verhulst Stefanie	F	Open	50.2	-52	82.5	45	105	232.5	438.94
698.14	Marien Bjorn	M	Junior	65.6	-66	165	95	0	260	259.20
Primer Academy	Van Oost Jasper	M	Open	70.6	-74	155	105	195	455	487.73
487.73										
AREA 21	Troch Jella	F	Open	55.7	-57	80	55	102.5	237.5	427.74
427.74										
NRG Ternat 1	Van Roy Sam	M	Junior	80.2	-83	140	110	180	430	413.78
413.78										
KS Waregem 1	Neyt Casper	M	Junior	80.7	-83	140	102.5	182.5	425	406.11
406.11										
KO Gent 3	Van der Staak Hans	M	Junior	58.4	-59	110	80	140	330	390.71
390.71										
Garage Gym 2	Finel Michelle	F	Open	58	-63	77.5	47.5	92.5	217.5	382.66
382.66										

POWER EQUIPPED

	Naam	**M/F**	**Cat.**	**LG.**	**GK**	**SQUAT**	**BENCH**	**DL**	**TOT.**	**IPF Pts**
Garage Gym	Compagnie Kathleen	F	Open	62.8	-63	100	100	137.5	337.5	477.68
1227.31	Bossaerts Alexander	M	Junior	71.5	-74	152.5	92.5	192.5	437.5	422.22
	Laenen Sven	M	Open	104	-105	0	180	235	415	327.41
Phys. Merchtem	Daineffe Anne	F	Open	62.9	-63	135.0	82.5	150.0	367.5	510.48
993.60	Stallaert Carine	F	M2	51.8	-52	117.5	67.5	125	310	483.12
HNS Lebbeke 1	Heaysman Jennifer (GBR)	F	Open	56.6	-57	155	82.5	122.5	360	524.12
886.26	De Ro Jean-Marc	M	M1	90.7	-93	100	100	230	430	362.14
DO IT 1	Boermans Niels	M	Open	87.3	-93	215	180	230	625	511.21
511.21										

BENCH SINGLE CLASSIC

	Naam	**M/F**	**Cat.**	**LG.**	**GK**	**BENCH**	**IPF Pts**
KS Waregem 1	Dewitte Jean-Michel	M	Open	62.7	-66	100	506.59
1359.30	Duteille Kevin	M	Open	71	-74	100	456.63
	Dewilde Phillipe	M	M2	103.5	-105	112.5	396.08
Power Move 1	Pawlaczyk Oskar (PL-res)	M	Junior	105	-105	167.5	584.38
1026.78	Podanowski Patryk (PL)	M	Junior	90	-93	115	442.40
Phys. Merchtem	Boersma Miguel	M	M1	73.1	-74	105	468.74
849.08	Bekaert Didier	M	M2	72.8	-74	85	380.34
KS Waregem 2	Neyt Alain	M	M1	91.9	-93	140	531.24
531.24							

Scheidsrechters: Emmerik Vanhee - Gaetan Impens - Kathleen Compagnie - Jeroen Van Heesvelde - Jeroen Leemans Kristin Thorvaldsen- Rinus Jacobs (examen geslaagd)

Wedstrijdtafel: J. Van Heesvelde - T. Sleeuwaert - G. Impens - J. Leemans - S. Ringoot

Powerlifting - Interclub 2 VGPF - Merchtem 18/05/2019

Individuele Punten Ranking

POWER CLASSIC -Individuele Punten Ranking

	Naam	M/F	Cat.	LG.	GK	CLUB	SQUAT	BENCH	DL	TOT.	IPF Pts
1	Peeters Alan	M	Open	117.3	-120	HNS 2	280.0	205.0	310.0	795.0	662.03
2	Henno Yannick	M	Open	104.6	-105	PMove1	265.0	200.0	265.0	730.0	642.59
3	Vervalle Olivier	M	Junior	91.4	-93	KOG1	232.5	160	265	657.5	620.74
4	Rubinstein Andrew	M	Open	88.5	-93	PMove1	207.5	160.0	260.0	627.5	601.17
5	Vandewiele Marc	M	M1	103.6	-105	KOG1	250	125	305	680	596.24
6	Hermans Thomas	M	Junior	101.4	-105	PMove4	242.5	147.5	280	670	593.98
7	Vermeire Jasper	M	Junior	91	-93	KOG1	220	147.5	260	627.5	590.24
8	De Vadder Gunnar	M	Open	150.9	120+	Merchtem 3	285	215	300	800	582.81
9	Van den Brande Niko	M	Open	116.2	-120	Merchtem 1	257.5	162.5	270	690	566.48
10	Gijsen Marijn	M	Open	82.5	-83	DO IT1	182.5	142.5	242.5	567.5	561.95
11	Hayen Cedrick	M	Junior	65.9	-66	DO IT1	165.5	110	205	480.5	549.02
12	De Grauwe Rik	M	Junior	73.3	-74	Merchtem 1	175	130	200	505	535.10
13	De Saedeleer Reinout	M	Open	92.1	-93	HNS 2	205.0	125.0	235.0	565.0	518.87
14	Verbinnen Yannick	M	Open	97.6	-105	Merchtem 3	220.0	130.0	232.5	582.5	517.73
15	Vanhee Emmerik	M	Open	80.5	-83	HNS 3	165	145	200	510	505.19
16	Leemans Jeroen	M	Open	82.1	-83	Merchtem 3	170	122.5	220	512.5	501.00
17	Van den Abbeele Tim	M	Open	68.5	-74	HNS 2	155	110	190	455	499.53
18	Messiant Aaron	M	Open	73.2	-74	ST Deinze1	152.5	107.5	215	475	498.79
19	De Schutter Vincent	M	Open	81.2	-83	PMove4	155	135	212.5	502.5	493.44
20	Van Oost Jasper	M	Open	70.6	-74	PAC 1	155.0	105.0	195.0	455.0	487.73
21	Proost Jorrit	M	Open	88.3	-93	DO IT1	190	120	210	520	484.41
22	Kerremans Jonathan	M	junior	89.5	-93	HNS 1	180	140	200	520	479.97
23	Ronge Bertrand	M	Open	61.2	-66	Merchtem 1	135	100	170	405	478.63
24	Van Mulders Christiaan	M	M2	88.4	-93	Stamina 1	167.5	135	210	512.5	475.83
25	Gouwy Thomas	M	Open	91	-93	ST Deinze2	185	105	230	520	474.61
26	Vandevoort Dimitri	M	Open	81.4	-83	HNS 1	180	110	195	485	472.46
27	Laethem Rob	M	Open	98	-105	ST Deinze1	190	127.5	220	537.5	469.94
28	Baeyens Michiel	M	Junior	81.9	-83	KOG2	165	102.5	210	477.5	461.80
29	Vandoren Dieter	M	Junior	86.4	-93	PMove2	140.0	130.0	220.0	490.0	458.44
30	François Kevin	M	Open	112.4	-120	HNS 1	210.0	125.0	230.0	565.0	457.57
31	David Zoë	F	Open	82.5	-84	DO IT2	110	60	125	295	455.43
32	Van de Velde Annelies	F	Subjun	57	-57	Merchtem 2	85	57.5	110	252.5	451.79
33	Van Buggenhout Lien	F	Open	74	-84	Stamina 1	100	60	120	280	450.47
34	Cheaitli Hatem	M	Junior	82.7	-83	DO IT2	125.0	145.0	200.0	470.0	450.05
35	Obbers Elisa	F	Junior	69.8	-72	GG16 1	107.5	45	120	272.5	448.48
36	Ivanoushkin Robert	M	Subjun	80.1	-83	HNS 3	157.5	110	190	457.5	446.08
37	Nemeth Balazs	M	Open	81.7	-83	PMove4	175	112.5	175	462.5	445.42
38	Debyser Ward	M	Subjun	100.8	-105	ST Deinze2	145	135	240	520	443.73
39	De Saedeleer Joris	M	M1	109.6	-120	HNS 3	177.5	140	225	542.5	442.76
40	Verhulst Stefanie	F	Open	50.2	-52	PMove5	82.5	45	105	232.5	438.94
41	Vertessen Wouter	M	Junior	81.2	-83	PMove2	160	95	195	450	433.02
42	Corryn Michiel	M	Open	95.4	-105	ST Deinze1	172.5	110	210	492.5	431.11
###	Troch Jella	F	Open	55.7	-57	AREA21	80	55	102.5	237.5	427.74
44	Wouters Staf	M	Open	86.6	-93	PMove1	157.5	115	190	462.5	427.26
45	Blockmans Nick	M	Subjun	56.9	-59	GG16 1	110	92.5	140	342.5	418.76
46	Joncheere Dries	M	Open	75	-83	PMove2	135	110	170	415	417.11
47	Van Roy Sam	M	Junior	80.2	-83	NRG 1	140	110	180	430	413.78
48	Cautaerts Olivier	M	Open	72.7	-74	GG16 1	110	90	200	400	408.84
49	Neyt Casper	M	Junior	80.7	-83	KSW 1	140	102.5	182.5	425	406.11
50	Miermans Bram	M	Open	80.7	-83	PMove3	140	95	182.5	417.5	397.45
51	Janssen Alexander	M	Open	66	-66	KOG2	107.5	90	165	362.5	392.83
52	Van der Staak Hans	M	Junior	58.4	-59	KOG3	110	80	140	330	390.71
53	Finel Michelle	F	Open	58	-63	GG16 2	77.5	47.5	92.5	217.5	382.66
54	Van Delm Tom	M	Junior	73.4	-74	KOG2	150	80	150	380	381.23
55	Roalkvam Per Gunnar (NOR)	M	M1	104.5	-105	Merchtem 4	152.5	132.5	172.5	457.5	371.34
56	Van Den Berghe Kevin	M	Open	101.6	-105	PMove3	165	100	185	450	370.65
57	Aerts Lieven	M	Open	82.8	-83	PMove3	132.5	97.5	170	400	370.06
58	Louage Peter	M	M4	90.3	-93	Merchtem 2	140	105	167.5	412.5	360.94
59	Van den Eynden Luc	M	M3	73.5	-74	DO IT2	120	90	142.5	352.5	347.12
60	Kuru Nour	M	Subjun	92.0	-93	ST Deinze2	175.0	0.0	230.0	0.0	
61	Marien Bjorn	M	Junior	65.6	-66	PMove5	165.0	95.0	0.0	0.0	

POWER EQUIPPED - Individuele Punten Ranking

	Naam	M/F	Cat.	LG.	GK	CLUB	SQUAT	BENCH	DL	TOT.	IPF Pts
1	Heaysman Jennifer (GBR)	F	Open	56.6	-57	HNS 1	155	82.5	122.5	360	524.12
2	Boermans Niels	M	Open	87.3	-93	DO IT 1	215	180	230	625	511.21
3	Daineffe Anne	F	Open	62.9	-63	Merchtem 1	135	82.5	150	367.5	510.48
4	Stallaert Carine	F	M2	51.8	-52	Merchtem 1	117.5	67.5	125	310	483.12
5	Compagnie Kathleen	F	Open	62.8	-63	GG16 1	100	100	137.5	337.5	477.68
6	Bossaerts Alexander	M	Junior	71.5	-74	GG16 1	152.5	92.5	192.5	437.5	422.22
7	De Ro Jean-Marc	M	M1	90.7	-93	HNS1	100.0	100.0	230.0	430.0	362.14
8	Laenen Sven	M	Open	104	-105	GG16 1	0	180	235	0	

BENCH SINGLE CLASSIC - Individuele Punten Ranking

	Naam	M/F	Cat.	LG.	GK	CLUB	SQUAT	BENCH	DL	TOT.	IPF Pts
1	Pawlaczyk Oskar (PL-res)	M	Junior	105	-105	PMove1		167.5			584.38
2	Neyt Alain	M	M1	91.9	-93	KSW2		140			531.24
3	Dewitte Jean-Michel	M	Open	62.7	-66	KSW 1		100			506.59
4	Boersma Miguel	M	M1	73.1	-74	Merchtem 1		105			468.74
5	Duteille Kevin	M	Open	71	-74	KSW 1		100			456.63
6	Podanowski Patryk (PL)	M	Junior	90	-93	PMove1		115			442.40
7	Dewilde Phillipe	M	M2	103.5	-105	KSW 1		112.5			396.08
8	Bekaert Didier	M	M2	72.8	-74	Merchtem 1		85			380.34

Records van België - Classic Powerlifting / Bench Single

Naam		Leeftijd groep	LG Klasse	Squat	Bench	DL	TOT	Bench Single
Annelies Van De Velde	CL	D Subjunior	-57	85			252.5	
Annelies Van De Velde	CL	D Junior	-58				252.5	
Nick Blokmans	CL	Subjunior	-59	110	92.5	140	342.5	92.5
Marc Vandewiele	CL	Open	-105			305		
Marc Vandewiele	CL	M40	-105	250.0		305.0	680.0	
Hayen Cedrick	M	Junior	-66	165.5				
Louage Peter	M	M60	-93		105	167.5	412.5	
Louage Peter	M	M70	-93		105	167.5	412.5	
Debyser Ward	M	Subjun	-105		135	240		

Records VGPF - Classic Powerlifting / Bench Single

Naam		Leeftijd groep	LG Klasse	Squat	Bench	DL	TOT	Bench Single
Annelies Van De Velde	CL	D Subjunior	-57	85			252.5	
Annelies Van De Velde	CL	D Junior	-58				252.5	
Nick Blokmans	CL	Subjunior	-59	110	92.5	140	342.5	92.5
Marc Vandewiele	CL	Open	-105			305		
Marc Vandewiele	CL	M40	-105	250.0		305.0	680.0	
Hayen Cedrick	M	Junior	-66	165.5			480.5	
Hayen Cedrick	M	Open	-66	165.5			480.5	
Louage Peter	M	M60	-93		105	167.5	412.5	105
Louage Peter	M	M70	-93		105	167.5	412.5	105
Debyser Ward	M	Subjun	-105		135	240		
Van den Eynden Luc	M	M60	-74			142.5	352.5	

Records van België - Equipped Powerlifting / Bench Single

Naam		Leeftijd groep	LG Klasse	Squat	Bench	DL	TOT	Bench Single
Compagnie Kathleen	EQ	D Open	-63		100			100
Daineffe Anne	EQ	D Open	-63			150		

Records VGPF - Equipped Powerlifting / Bench Single

Naam		Leeftijd groep	LG Klasse	Squat	Bench	DL	TOT	Bench Single
Compagnie Kathleen	EQ	D Open	-63		100			100
Daineffe Anne	EQ	D Open	-63			150		